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Alanna Henderson O'Broin

Dr Alanna O'Broin, PhD, CPsychol, MISCP accred, is a Chartered Psychologist and holds a PhD from City University London, UK. She is also an accredited member of the International Society for Coaching Psychology. Previously an investment analyst and Fund Manager for investment capital group 3i, Alanna is a practicing coaching psychologist, working with coaches is achieving their development, career, performance, and wellbeing goals.

Her doctoral research was on the coaching relationship, and she has authored and co-authored a number of book chapters and peer-reviewed articles on this and related topics. Alanna was Co-editor of Coaching: *An International Journal of Theory, Research and Practice* until 2016, and is a Consulting Editor of *The Coaching Psychologist*. Alanna also lectures on the Career Management and Coaching MSc at Birkbeck University London.

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Award winning psychologist Ole Michael Spaten is a leading pioneer in Danish Coaching Psychology research; he conducted the first Randomized Control Trial in Scandinavia evaluating the effectiveness of brief cognitive behavioral coaching. He is the founding editor-in-chief of the Danish Journal of Coaching Psychology. Ole's research interests and publications relate to self and identity, social learning, coaching psychology-psychotherapy practice and intervention.

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DRILLER DET SOCIALE DIG PÅ STUDIET ELLER I HVERDAGEN?

TRÆNGER DU TIL AT FINDE MOTIVATIONEN IGEN?

HAR DU BRUG FOR HJÆLP TIL AT TACKLE HVERDAGENS PROBLEMER?

ER STUDIE-STARTEN SVÆR?